



Medical Recommendation for Reduced Courseload

International students in F-1 status are required to be registered full-time during each required semester. It is possible for a student to be approved for a reduced courseload (including no course enrollment) if the student has a medical or psychological condition that interferes with their ability to pursue a full courseload. Documentation from a licensed medical doctor, psychiatrist, doctor of osteopathy, licensed psychologist, or clinical psychologist is required.

By signing this medical documentation, the provider is substantiating the illness or medical condition of the student. Amherst College's Office of Immigration Services uses this to determine if the student is eligible for a reduced course load for one semester based on a medical condition.

Part I: Completed by student

I agree that _____ (name of licensed health care provider) may release my medical information to Amherst College's Office of Immigration Services in support of my request for a medical reduced courseload F-1 authorization.

Student Name: _____ Date of Birth: _____

Signature of student: _____ Date: _____

Part II: Completed by licensed health care provider

Semester and year for which the request is being made:

Fall 20__ Spring 20__

Does the above-named student have a temporary illness or medical condition that affects their ability to pursue a full course of study?

Yes No

I verify that, during the enrollment period indicated above, this patient is unable to perform their academic duties due to medical reasons. I recommend that they take a reduced courseload accordingly.

Name: _____ Signature: _____ Date: _____

Check which credential applies to signatory:

Licensed Medical Doctor Psychiatrist Doctor of Osteopathy
 Licensed Psychologist Clinical Psychologist

Name of practice: _____ Email: _____

Address of Practice: _____