**Notes from Information in Office**

Journal Reflections – Suzanne Goldsmith

* pg 33 – suggested daily journal entrees

**About your work**

1. What was the best thing that happened to you this week? Was is something someone said or did, something you said or did, a feeling, an insight, a goal accomplishment?
2. What new skill did you learn?
3. What did you do in your work that was fun or satisfying?
4. Did you get an idea that would improve your work? This program? The world?
5. What did you do that helped you get along and work with others?
6. What criticisms did you receive and how did you respond to them?
7. What compliments were you given and what did they mean to you?
8. What happened that made you feel uncomfortable or unhappy?
9. What happened that made you feel uncomfortable or unhappy?
10. What did you do that made you feel proud? Why?
11. What are some things that you wanted to say but did not?
12. What did you discover about other people?
13. How did your feelings about any person change as a result of today’s activities?

**About you**

1. How do people see you there? What do you feel like when you are there?
2. What did someone say that surprised you? Why?
3. What compliments have you been given and what did they mean to you? How did you react? What about criticisms and your reaction to them?
4. Did you take (or avoid taking) some risks this week? Where there things you wanted to say or do that you didn’t?
5. What happened that made you feel you would (or would not) like to do this as a career?
6. What feeling or idea about yourself seemed especially strong today?

For more journal questions in this book look up yellow tab on pg33. There are many more pages of questions. Also a there is a list of journal activities that begin on page 51. Some of these are group activities that can bused as potential ice breakers. Title are below:

* + Dialogue Writing
  + Team Writing
  + Collecting
  + Perspective Writing
  + “Hot” Topics
  + Touchstone questions
  + Readings
  + Using Quotations
  + Future goals
  + Stepping stones
  + Free writing
  + Lists
  + Finish the sentence
  + Chart of faces
  + Clustering

Training Student Organizers Curriculum – The council on the Environment of New York City

* + Page 187-193 (pink tab) has discussion questions related to activism in the community and social justice

List of Icebreakers in section 4 of Outward Bound Binder – these could be scanned possibly if we want them online?

Enriching Learning Through Service - Kate McPherson

* (green tab) examples of service learning activities that students could do and examples done by other classes – these are more relevant to specific courses such as history, science, art ect… but they could be useful

Independent Means Trainer Handbook

Some activities that could be helpful (green tab starting at pg 102).

* Networking Bingo
* Entrepreneurial Coat of Arms
* Imagine Yourself… A visualization exercise
* Rotating Interviews
* Sample Questions for Rotating Interviews
* More activities

Schools service for social justice

* + Filled with various activates that could be helpful
  + One activity specifically on social justice (Light the way) page 53 – yellow post it
  + Youth activism activity - page

Please talk with me – Ronald J. Gaetano

* Templates of questionnaires that could be used to fill out or questions from these could be used for icebreakers of discussion questions green tab starting on 31

Voices from the Hood*­* – Robin Therrien

- Exercises from chapter 10 can be used as discussion questions, reflection questions, or modified to become activities.

Rethinking Columbus

* Teaching guide in the back of the book (pg 92 – green tab) has different discussion questions and activities used by teachers

Global Action Project Curriculum

Community Mapping activity - Social justice activity

Power – inequality and oppression created by the economic systems we live in

Oppression and Liberation – Understanding prejudice, discrimination, and oppression

Cinematography 101 – explore possibilities of visual storytelling

Framing and Messaging – Explore the idea that media is framed by ideologies

The Power of the interview – look at power of storytelling

Media Advancing Movements – look at role media has played in people’s lives

Montage: 1+1=3 – juxtaposing images against one another

*From what I see, this book looks like it has great activities that could be helpful. I don’t know if you would want me to scan the whole thing or just specific activities. Have you done any of them?*

Teen Rap Curriculum

* Icebreaker: Where the Wild Wind Blows – pg. 18
* Closing: Spider web – pg. 19
* Identifying and Expressing Needs – (help students think about different needs that people in relationships have) – 24
* Identifying and Expressing Needs pt 2 – pg 27 (why nonverbal communication is powerful)
* Active listening pairs (practice listening skills) pg 37
* Act like a man, act like a woman (identify how girls and boy are socialized to act in mainstream culture) pg. 51
* Power to control, equality wheel (identify different types of abuse) 55
* Rape myths and facts, video, discussion, and brainstorm – 61
* Cycle of violence 63
* Relationship Violence: Role Play (discuss and understand how relationship violence negatively impacts people in relationships) 66